



## Health benefit coverage for Registered Dietitian services.

More and more health benefit providers are covering the cost of Registered Dietitian services. Clients **do not** require a prescription for reimbursement and there is no deductible for most benefit providers.

**To know more about your coverage, call your health benefits provider with the following questions:**

### **Do I have coverage for Registered Dietitian services?**

Most benefit providers now cover fees for nutrition consultation with Registered Dietitians.

### **What is my yearly maximum coverage?**

Most benefit providers will allot a yearly maximum for coverage. Any cost above the yearly maximum will be the responsibility of the client.

### **Is there a per visit maximum?**

In addition to a yearly maximum, your benefit provider may have a 'per visit' maximum. This means that they will cover up to a certain amount for each face to face or virtual/phone visit with a Registered Dietitian. If the per visit maximum is lower than the Registered Dietitians hourly rate, the remaining cost is the responsibility of the client.

### **Dual insurance coverage**

If you have dual insurance, the client's primary insurance will be billed first, and the second insurance company will cover any outstanding balance.

### **Direct Billing**

Registered Dietitians have authorization to direct bill a number of insurance companies. Health benefit providers are continuing to be added, but at this time the list includes the following companies:



If your benefits provider does not allow direct billing, the cost of appointment time is the responsibility of the client. A detailed receipt will be provided for every client visit which can be submitted to insurance providers for reimbursement.